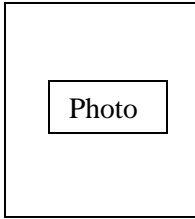


Emergency Action Plan

for a student with Diabetes

Hyperglycemia (High Blood Sugar)



Student's Name

Grade/Teacher

Date of Plan

Emergency Contact Information:

Mother/Guardian

Cell phone

Home phone

Work phone

Father/Guardian

Cell phone

Home phone

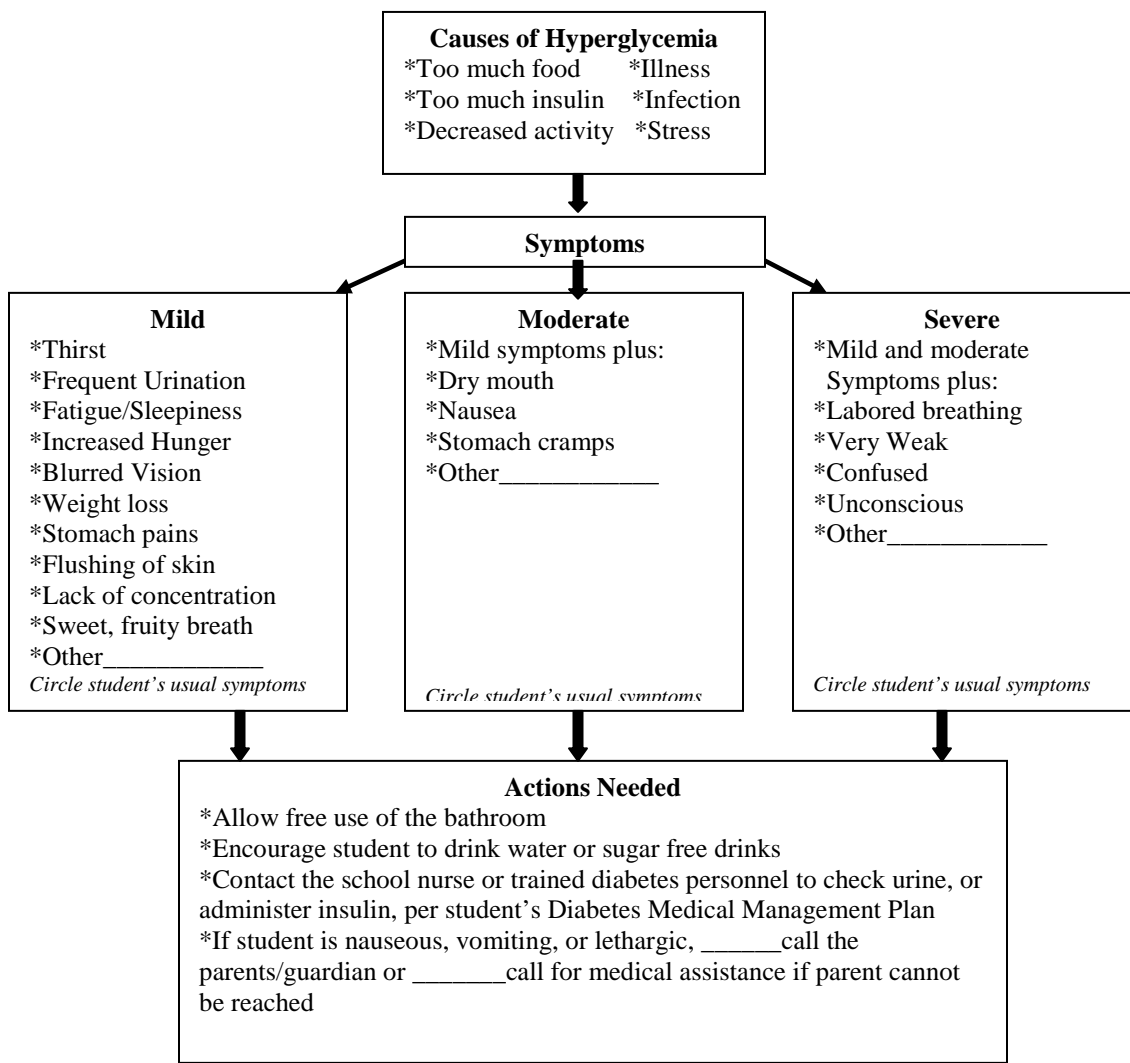
Work phone

School Nurse

Contact number(s)

Trained Diabetes Personnel

Contact number(s)

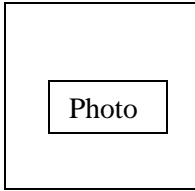


Emergency Action Plan

for a student with Diabetes

Hypoglycemia

(Low Blood Sugar)



Student's Name _____

Grade/Teacher _____

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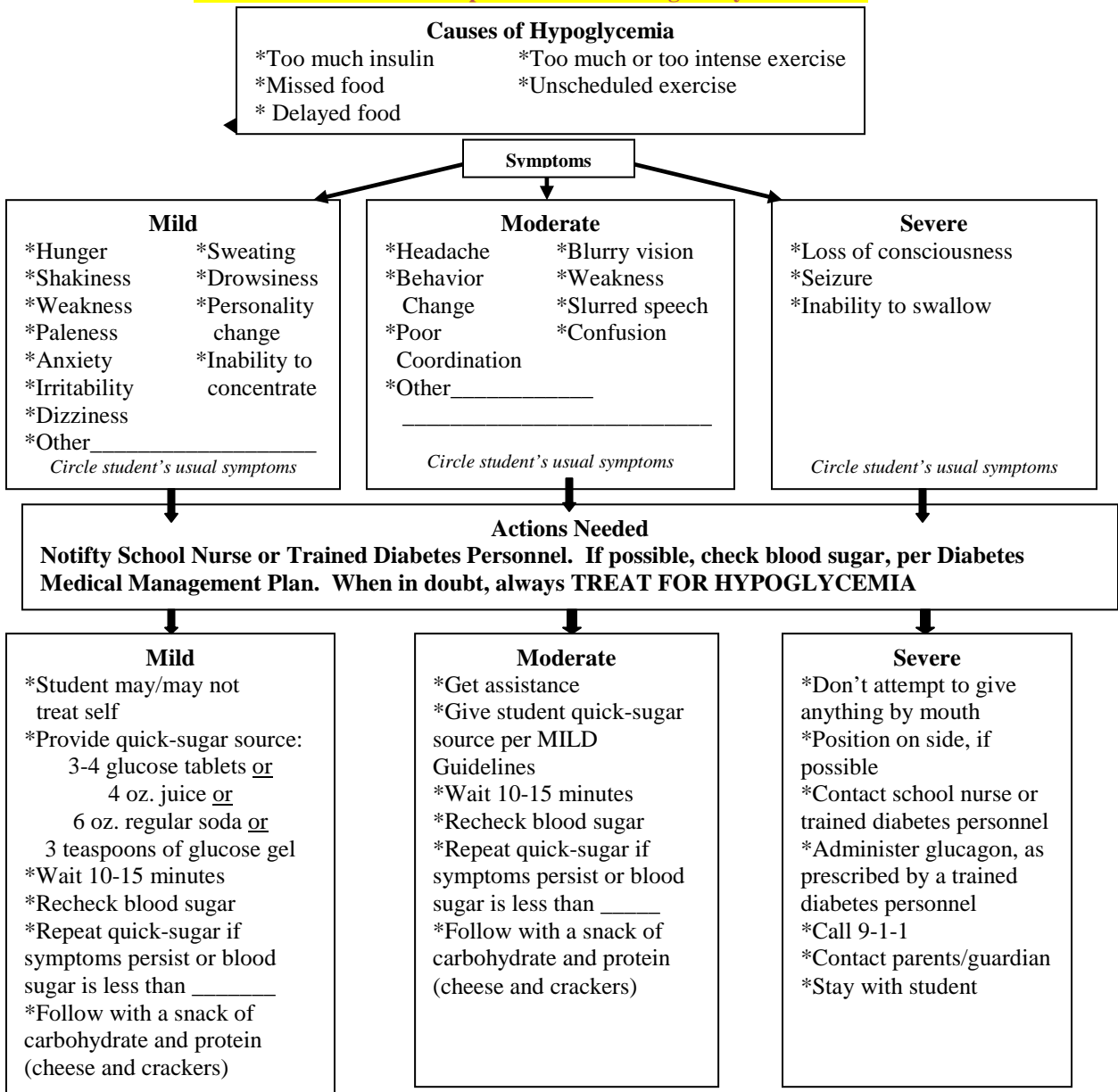
School Nurse _____

Contact number(s) _____

Trained Diabetes Personnel _____

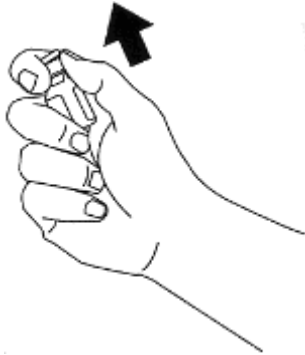
Contact number(s) _____

Never send a child with suspected low blood sugar anywhere alone

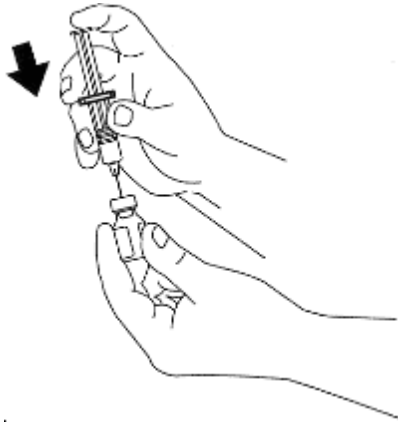


**DIRECTIONS FOR USE
TO PREPARE GLUCAGON FOR INJECTION**

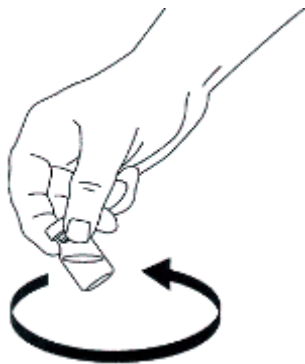
1. Remove the flip-off seal from the bottle of glucagon. Wipe rubber stopper on bottle with alcohol swab.



2. Remove the needle protector from the syringe, and inject the entire contents of the syringe into the bottle of glucagon. **DO NOT REMOVE THE PLASTIC CLIP FROM THE SYRINGE.** Remove syringe from the bottle.



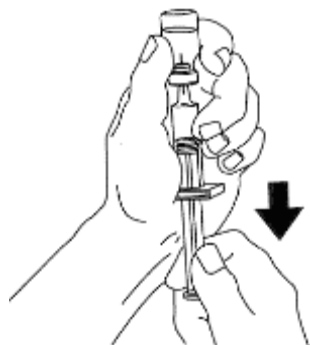
3. Swirl bottle gently until glucagon dissolves completely. **GLUCAGON SHOULD NOT BE USED UNLESS THE SOLUTION IS CLEAR AND OF A WATER-LIKE CONSISTENCY.**



TO INJECT GLUCAGON

Use Same Technique as for Injecting Insulin

4. Using the same syringe, hold bottle upside down and, making sure the needle tip remains in solution, gently withdraw all of the solution (1 mg mark on syringe) from bottle. The plastic clip on the syringe will prevent the rubber stopper from being pulled out of the syringe; however, if the plastic plunger rod separates from the rubber stopper, simply reinsert the rod by turning it clockwise. The usual adult dose is 1 mg (1 unit). For children weighing less than 44 lb (20 kg), give 1/2 adult dose (0.5 mg). For children, withdraw 1/2 of the solution from the bottle (0.5 mg mark on syringe). **DISCARD UNUSED PORTION.**



USING THE FOLLOWING DIRECTIONS, INJECT GLUCAGON IMMEDIATELY AFTER MIXING.

5. Cleanse injection site on buttock, arm, or thigh with alcohol swab.
6. Insert the needle into the loose tissue under the cleansed injection site, and inject all (or 1/2 for children weighing less than 44 lb) of the glucagon solution. **THERE IS NO DANGER OF OVERDOSE.** Apply light pressure at the injection site, and withdraw the needle. Press an alcohol swab against the injection site.
7. Turn the patient on his/her side. When an unconscious person awakens, he/she may vomit. Turning the patient on his/her side will prevent him/her from choking.
8. **FEED THE PATIENT AS SOON AS HE/SHE AWAKENS AND IS ABLE TO SWALLOW.** Give the patient a fast-acting source of sugar (such as a regular soft drink or fruit juice) and a long-acting source of sugar (such as crackers and cheese or a meat sandwich). If the patient does not awaken within 15 minutes, give another dose of glucagon and **INFORM A DOCTOR OR EMERGENCY SERVICES IMMEDIATELY.**
9. Even if the glucagon revives the patient, his/her doctor should be promptly notified. A doctor should be notified whenever severe hypoglycemic reactions occur.