

mobile wellness opportunity center

AmeriHealth Caritas Ohio presents a novel opportunity to reach communities we serve.

Our Mobile Wellness and Opportunity Center can come to your community! Depending on availability and established criteria, you can work with AmeriHealth Caritas Ohio to conduct classes, wellness events, or health education within and around the bus.

The mobile unit is equipped with kiosks where attendees can access computers and a private location where providers can perform health screenings and engage personally with members.

Working with AmeriHealth Caritas Ohio, you can increase accessibility to services that address the social determinants of life and improve conditions for members of the community.

We are pleased to offer this convenience at no cost to you and your community.

To request the mobile unit, scan the QR code and complete the survey. We can't wait to work with you!



AmeriHealth Caritas Ohio is proud to offer the following programs:

Ready to Learn

Help young learners get ready for school with:

- School supplies
- Literacy support
- Vision screenings
- Nutrition resources
- Interactive stations for physical activity, games, and art

Bright Start

Pregnancy support for mom and baby:

- Pre- and postnatal education
- Safe sleep education
- Health and benefits education
- Connecting with no-cost services

Wellness In Reach

- Nutrition education
- Healthy food demonstrations
- Fight stress with mindfulness & movement
- Learn about your health benefits
- Health risk assessment (members can earn\$15 for completing one!)



For more information or to reserve time with the Mobile Wellness and Opportunity Center, used the QR code above or email us at **Comms@AmeriHealthCaritasOH.com**

We welcome the chance to work with you to help people get care, stay well, and build healthy communities.